



Earth Café is all about passion, love,
creativity, awesome food and a cup of divine coffee.

We want to share love and happiness with everyone
we encounter along the way, may it be
our valuable team members,
guests, partners or local communities.

It is our delight to bring you warmth through
our products, service & ambience.

EARTH CAFÉ



BANDRA | JUHU | BKC
CHURCHGATE | PALLADIUM | PALM BEACH

 [earthcafeindia](#)

Should you have any special dietary requirements or
allergies we would be happy to customize them for you.
Please share it while placing your order.

Plant Based guilt free menu

JUICES

Our juices are freshly cold-pressed & contain
no added sugar, ensuring pure nutrition & flavour
250ml

REFRESH 320
Orange, watermelon & pineapple

RUBY'S RED 320
Pomegranate, watermelon, beet & carrot

HYDRATE 320
Watermelon, mint & chia seeds

ABC 320
Apple, beet & carrot

 **CLEANSE** 290
Spinach, cucumber, tomato, coriander,
parsley, mint, celery, lemon, pink salt

OJ 390
Just malta

BERRY LICIOUS 320
Blueberry, strawberry, raspberry,
apple, pineapple

"An average active adult requires 2000 kcal energy per day,
however calorie needs may vary"

 CELERY

| GST AS APPLICABLE
| WE LEVY A 5% STAFF WELFARE



COOLERS

PINEAPPLE AND BASIL LEMONADE 270

Pineapple, basil, chia seeds & lemonade (250 ml)

TROPICAL BUTTERFLY 270

Passion fruit, Pineapple juice & butterfly pea tea (250 ml)

ICED TEA 270

Freshly brewed tea with lemon and ice
Peach | passion fruit | 50
(300 ml)

KOMBUCHA 320

Peach | elderflower muskmelon,
lychee lemonade, ginger lemongrass

LEMON GINGER COOLER 210

Refreshing blend of fresh lemon juice, ginger
& simple sugar syrup (300 ml)

FRESH LIME WATER / SPARKLING WATER 210/270

Water infused with a splash of fresh lime juice, served
with your choice of sugar, salt or a balanced mix (300 ml)

BOTTLED WATER 175

SPARKLING WATER 120

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SMOOTHIES

BERRY LOVE (250 ml) 490

Strawberry, raspberry, banana, oat mlk

GROOVY CADO (250 ml) 490

Avocado, banana, spinach, dates, oat mlk,

 **INDULGE (250 ml)** 490

Peanut butter, chocolate ganache, banana, oat mlk

COOKIE AND CREAM (250 ml) 490

Cookies, cream, oat mlk,

 **RAW CACAO (250 ml)** 490

Raw cacao, banana, cacao nibs, granola, oat mlk

OPTIONS: ALMOND | COCONUT

SMOOTHIE BOWL

Granola, nuts, seeds & fruits

  **MANGO SMOOTHIE BOWL** 690

Alphonso mango, banana, coconut mlk

  **BERRY SMOOTHIE BOWL** 690

Strawberry, raspberry, cranberry, banana, coconut mlk

  **BLUE MERMAID** 690

Blueberries, banana, a hint of vanilla & coconut mlk

OPTIONS: ALMOND | OAT MLK

EXTRA GRAND GRANOLA | 150

Almonds, cashews, cranberry, figs, pumpkin, oats, jaggery, rock salt

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 COCONUT
 NUTS
 SOY



ALL DAY BREAKFAST

GF J **TOFU SCRAMBLE** 490
CO **NU** Indian spiced tofu, herbed sweet potato and emmer wheat / gluten-free bread.

GF J **QUINOA UPMA** 390
CO Quinoa tempered with mustard seeds, curry leaves, carrot, peas, bell pepper, green chillies & spiced cashew.

GF J **AMARANTH PORRIDGE** 520
CO **NU** Amaranth, coconut milk, almonds, cashew, pumpkin / sunflower, cranberry & dates syrup

GOLDEN HASH BROWNS (5 pcs) 290

GF J **OH MY LET !** 450
CO Garbanzo bean flour, sauteed mushrooms, broccoli, hummus & herbed sweet potato | 8:00am - 11:30am.

CO **GF** **WALNUT CHIA PUDDING** 450
CO Chia seeds, walnuts, chopped fresh fruits, jaggery, coconut mlk

PB **GOLDEN GLOW WAFFLE** 390
Coco Hunny, classic subtle vanilla flavored

CHOOSE YOUR WAFFLE TOPPING
Granola / Nice cream | 190 / 180

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CO COCONUT
NU NUTS
GF GLUTEN FREE
KF KETO FRIENDLY
SO SOY
J JAIN
SP SPICY

NIBBLES

HUMMUS PLATTER 590

Classic, walnut pesto & beet hummus,
sourdough / gluten free zaatar pita, pickled veggies.

FALAFFAIR 590

Falafel strips, hummus, tzatziki, lettuce,
cucumber, red cabbage, sesame, zaatar
pita, Harissa sauce, Gluten free / Sourdough.

GUAC ON TOAST 650

Fresh Hass avocado guacamole, in-house walnut pesto,
emmer wheat / gluten-free toast [4pcs]

AVOCADO BRUSCHETTA 650

Hass avocado, sun dried tomato paste, sesame
seeds, emmer wheat / gluten-free (4 pcs)

KALESHROOM 590

Mushroom, kale, in-house walnut pesto,
gluten free bread/ emmer wheat (4 pcs)

POMMES FRITES 420

The best fries in town,
Peri Peri/50

KETO KUTLET 490

Zucchini, purple cabbage, broccoli,
almond flour & bell pepper sauce

GARLIC BREAD 350

PB butte garlic, Italian seasoning,
emmer wheat / gluten free, nut chees | 150

JACK JACK 420

Sweet potato, rosemary & garlic,
sour cream & in house hot mayo

CHARRED SKEWER 450

Mock meet charred, in-house chutney & onion.

CRISPY LOTUS STEM 550

Lotus stem, kung pao sauce

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SOUPS

 	BROCCOLI & PEA	390
	TOMATO & BASIL	390
 	CREAM OF MUSHROOM	390

SALADS

Handcrafted in-house dressings

	SMALL	LARGE
 	AVOCADO ORANGE QUINOA	550 850
	Quinoa, buckwheat, avocado, black bean, lettuce, cherry tomatoes, olives with orange dressing	
 	PAD THAI	550 850
	Flat rice noodles with edamame, tofu, lettuce, purple cabbage, broccoli, peanuts with spicy peanut dressing	
 	ALMOND FETTA GREEK SALAD	450 650
	Water chestnut, tomato, onion, apples, cucumber, lettuce, olives, almond feeta & garnished with almonds	
 	NUTTY PESTO BOWL	650
	Wok tossed julienned veggies, herbs, hot pesto sauce, almonds & toasted sesame	

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KOREAN KIMBAP

Signature Korean sushi with flavoured rice & fresh
ingredients wrapped in seaweed

	4 pcs	8 pcs
 ASIAN AVOCADO Hass avocado, carrots, cucumber, soy seasoning & international seasoning	490	890
 MUSHY MUSHROOM Button mushrooms, tempura, Korean seasoning, carrots & cucumber	490	890

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BURGERS

Served with fries or house salad in a 5 grain bun

- 

JAMAICAN JOY

Quinoa, raw plantain, roasted bell pepper sauce, Jamaican jerk dressing

650
- 

ISLAND BURGER

Tofu, sweet potato, beetroot smoked paprika, gherkins, pickled onion, in-house dressings

650
- 

WILD SUMMIT

Black bean, walnut, shiitake mushroom, harissa, mustard mayo, guacamole, shredded lettuce - pan seared

690

SANDWICHES

- 

LOS ANGELES

Imported avocados, sliced cucumber, microgreens, fresh tomato, shredded carrot, lettuce in French dressing in sourdough | 8 inch multigrain sub.

690
- 

RAINBOW VEGGIE

Roasted bell peppers, charred zucchini, carrots, walnut pesto, microgreens, beetroot hummus on side, sourdough | 8 inch multigrain sub.

690
- 

GREEN GOLDMINE

Avocados clubbed with in-house walnut pesto, hummus, garnished with fresh microgreens, tomato, lettuce, onions, jalapeno served in 8" multigrain sub

690

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WRAPS

Gluten Free Wraps | Emmer Wheat Wraps

FALAFEL WRAP 550

Falafel strips, hummus, hot sauce and shredded lettuce with harissa, tzatziki & hummus on side

SURE MAA 550

Veggie shawarma, hummus, harissa shredded lettuce, pickled veggies & tzatziki

PROTEIN WRAP 590

Classic tikka wrap | 15 gms protein

BETTER CHICK IN 590

Charred soy tossed, Indian spice marinade, PB butte creamy sauce

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PIZZA

12" Bread options: Sourdough | Gluten Free

  **CLASSIC MARGHERITA** 1100
In-house tomato sauce, PB mzzarella chees,
& basil, PB chedda

  **VEGGILICIOUS** 1200
Mushroom, bell pepper, broccoli, olives, cherry tomato,
tomato / pesto sauce, PB mzzarella & PB chedda

  **GRINCH** 1200
Pesto sauce, zucchini, bell pepper, broccoli, kale,
mushrooms, cherry tomatoes, PB mzzarella & PB chedda

 **BETTER CHICK IN**  1200
Indian flavor better chick in sauce, onions &
red/ green pepper, PB mzzarella & PB chedda

  **CREATE YOUR OWN (Any Five)** 1200
American corn, bell pepper, mushroom, broccoli,
cherry tomatoes, onions, olives, jalapeno, red paprika,
chopped green chillies, PB mzzarella & PB chedda

EXTRA TOPPINGS 50

EXTRA PB CHEES 150

MEET SHREDS 100 | PESTO SAUCE 50

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PASTA

Italian wheat penne | Spaghetti | Rice Noodles (GF)

  **ALFREDO** 790
Bell peppers, zucchini, broccoli, mushrooms,
in-house white sauce

 **ARRABBIATA** 700
Bell peppers, zucchini, broccoli, mushrooms, in-house
marinara sauce

  **WALNUT PESTO** 790
Bell pepper, zucchini, broccoli, mushrooms, PB
cream, in-house pesto sauce

 **FUNGI STROGANOFF** 790
Portobello mushrooms, onions in PB creamy bechamel
sauce

 **AGLIO OLIO** 790
Exotic veggies, Italian seasoning, herbs, olives, cherry
tomatoes, olive oil, garlic

  **PINK SAUCE PASTA** 790
Zucchini, bell peppers, mushrooms, broccoli

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MAINS

 JAMAICAN PLATTER **790**

  Jamaican curry, jasmine rice & plantain chips

 MONGOLIAN RICE BOWL **790**

Black pepper sauce, Asian veggies,
jasmine rice & tofu fingers

 RISOTTO **790**

 Italian medium grain rice, mushrooms, veggies,
white sauce / walnut pesto

 TRUFFLE RISOTTO **990**

Arborio rice, truffle oil, sautéed mushrooms,
sautéed veggies

 ONE POT RICE **790**

 Hong Kong - style sauce, jasmine rice,
mushroom, veggies

 KHOW SUEY **790**

The classic Burmese, udon noodles

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DESSERTS

CHOCOLATE CAKE 390
Nostalgic signature cake

  DECADANT MOUSSE 420
60% chocolate, nuts and seeds, almond, hazelnut, pumpkin, biscuit.

  PANACOTTA 390
Alphonso mangoes, coconut cream topped with in-house blueberry compote

WALNUT CHOCO BROWNIE 390

HAPPINESS BOWL 550
Choco cake, walnut brownie, nice cream, nuts, chocolate ganache sauce

  CARROT WALNUT CAKE 390
Almond flour, brown rice flour, carrot, walnut, coconut sugar

 ORANGE CHOCO CAKE 520
Gluten-free, flour, 55% chocolate, jaggery

 HAZELNUT CHOCO CAKE 520
Gluten-free, flour, 55% chocolate, jaggery

TIRAMISU CAKE 350
Coffee-soaked sponge & PB cream

STRAWBERRY | MANGO CREAM 520
(Seasonal)
Nice-cream, PB fresh cream, strawberry / mango

EARTH BAR 290
Amaranth, dates, cashew almond, dark chocolate

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COFFEE - COLD

ICED LATTE 390
Espresso, oat mlk & ice

ICED AMERICANO 250
Espresso, ice & water

ICED CAPPUCCINO 390
Espresso, foam, oat mlk

VIETNAMESE COLD COFFEE 420
Espresso, PB condensed mlk & oat mlk

COLD COFFEE 390
Espresso, date syrup & oat mlk

KETO KOLD KOFFEE 390
Espresso & almond mlk

ICED MOCHA 420
Chocolate, espresso & oat mlk

ICED CHOCOLATE 420
60% rich chocolate & oat mlk

ICED HAZELNUT FILTER COFFEE 370
Filter coffee, simple sugar syrup & oat mlk

Mlk Options: Almond | Soy | Coconut
Flavour Options: Caramel / Vanilla / Hazelnut | 80
Extra Shot / Oat Milk on the side | 80

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COFFEE - HOT

ESPRESSO	170
Strong shot of coffee	
AMERICANO	250
Espresso with hot water	
CAPPUCCINO	350
Espresso, oat mlk & foam	
LATTE	350
Espresso, oat mlk	
SPANISH LATTE	370
Espresso, PB condensed mlk, oat mlk	
MOCHA	370
Espresso, oat mlk & 60% chocolate & oat mlk	
MACCHIATO	270
Espresso and foam	
HAZELNUT FILTER COFFEE	220
Oat Mlk, filter coffee, simple sugar syrup & oat mlk	
HOT CHOCOLATE	450
60% choco & oat mlk	
AFFOGATO	270
Espresso & vanilla PB nice cream	
FLAT WHITE	350
Double espresso & oat mlk	
CORTADO	290
Espresso & foam	

Mlk Options: Almond | Soy | Coconut
Flavour Options: Caramel / Vanilla / Hazelnut | 80

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DECAF

No Added Sugar

DECAF AMERICANO 250

Decaf with hot water

DECAF MOCHA 370

Decaf with 60% chocolate & oat mlk

DECAF CAPPUCCINO 370

Decaf with oat mlk

DECAF COLD COFFEE 390

Decaf, date syrup & oat mlk

Mlk Options: Almond | Soy | Coconut
Flavour Options: Caramel / Vanilla / Hazelnut | 80
Extra Shot / Oat Milk on the side | 80

MATCHA

No Added Sugar

ICED ROSE MATCHA 410

Matcha shot, PB condensed mlk, rose syrup, oat mlk & ice

OAT MATCHA LATTE (COLD) 410

Matcha shot, date syrup, vanilla, oat mlk & ice

SPICED HOT MATCHA 370

Matcha shot, chai masala & oat Milk

Mlk Options: Almond | Soy | Coconut

NICE CREAM

No Added Sugar

	Single	Double
DARK CHOCOLATE	190	340
FRENCH VANILLA	190	340
CHOCOLATE CHIP	190	340

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COOKIES

GF CHUNKY CHOCOLATE 290

55% chocolate, almond flour, sorghum, brown sugar

TEA

MASALA TEA 270

Fresh Indian spices brewed with oat mlk to perfection

HOT LEMON GINGER 210

Lemon, ginger, pinch of salt

ASSAM 190

CHAMOMILE 190

EXTRAS | AD ONS

Falafel Strips 150

Extra Avocado 250

Extra Pita (8 pcs) 200

Pb Nut Chees 150

Sauteed Veggies 380

Extra Grand Granola 150

Extra Hummus 150

Jasmine Rice 390

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